



RUSSIAN NEWS AGENCY

Russian Paralympic Committee launched the "Sports Without Barriers" Project in its social networks

All who are not indifferent to Paralympic sports can see everyday trainings of athletes in new conditions.

MOSCOW, April 3. / TASS /. Russian Paralympic Committee (RPC) launched the "Sports Without Barriers" Project. Everyone who is interested in Paralympic sports everyday can watch on social networks how athletes train in conditions of self-isolation. First vice-president of RPC Pavel Rozhkov said:

"RPC and All-Russian Federation of Sports for Disabled Persons constantly monitor the health status of our athletes and coaches. Specialists of Russian Paralympic Committee are included in online groups along with members of the Russian national teams and report on their health every day"

"In this regard, I would like to inform that the RPC has launched a new "Sports Without Barriers" Project. Everyone who are not indifferent to the Paralympic sport can see how athletes train in the new conditions, find out more about their living destinies. All videos are posted on social networks and on our official website"

These posts on social networks are published with hashtags #безпреград (#withoutbarriers) and #тренимвместе (#traintogether). The project is divided into three parts. In the first part, Paralympians show their training in conditions of self-isolation, in the second part they tell real stories about victories over themselves and circumstances, in the third part they answer interesting questions.